

TO ALL OUR ESTEEMED CLIENTS

CORONA VIRUS UPDATE

BRIEF HISTORY

COVID 19 The name of the virus has rapidly evolved since the first cases in early December 2019 and the recognition that it was a new virus in late December they agreed on naming of the disease is COVID-19 (Coronavirus Virus Disease-2019) and the virus is coronavirus SARS-CoV-2. The sequence of the virus was released in January and made it clear that this virus is from a bat and related to SARS and MERS,

RS CoV-2 spreads through droplets which are released when people sneeze or cough. These droplets can only travel up to one meter and cause infection they contact the mucous membranes of the mouth, nose or eyes. Spread from contaminated surfaces may also occur, but plays a lesser role.

After getting infected it takes around 2-14 days before presenting any symptoms. This is the so-called

COVID 19 cannot be treated by antibiotics. COVID-19 is caused by a virus and antibiotics only work on bacterial

COMMON SIGNS OF INFECTION

- Respiratory symptoms
- Fever
- Cough
- Shortness of breath
- Breathing difficulties.

SEVERE CASES

- Infection can cause pneumonia
- Severe acute respiratory syndrome
- Kidney failure
- Even death

PRECAUTIONS TO MINIMIZE RISK OF INFECTION

- Hand washing with soap
- Hand sanitizers are recommended when there is no possibility to wash hands. (Alcohol based 70% and above)
- Face masks are only recommended for those who are taking care of a person with suspected 2019- nCoV infection
- Do not touch your eyes, nose and mouth with unclean hands
- Don not cough or sneeze into your hands cover with tissue and dispose immediately

For any clarification call our 24 hour lines **0728760061** or **0738188449**

CHRISTINE ANANGWE

CARE MANAGER



ADMINISTRATOR
OF THE YEAR

PENSION AWARD 2017



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THINK BUSINESS 2013



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