


Daystar University Staff Profile for Dr. Stephen N. Ndegwa

<p>1. Name:</p>	<p>Stephen N. Ndegwa Doctor of Philosophy in Clinical Psychology Lecturer, Psychology and Counseling Department</p>
<p>2. Passport photo:</p>	
<p>3. Job Title and Responsibilities:</p>	<p>Lecturer of Psychology and Counseling; Examination Officer</p> <p>Teaching, setting and grading exams, counseling and mentoring students, clinical supervision for students on practicums, theses and dissertation supervision and examination.</p> <p>Organizing exams and grade moderations, preparing exam related reports, preparing exam invigilation schedules and coordinating invigilation of exams.</p> <p>School of Human and Social Sciences, Department of Psychology and Counseling</p>
<p>4. Biography (About Me):</p>	<p>I have been a computer studies teacher at Joseph Allamano Secondary School and a facilitator of pre-university counseling courses at Daystar University. I have been an adjunct lecturer at Oasis Africa, Africa Nazarene University and Daystar University. I am currently a lecturer and an examination officer at Daystar University in School of Human and Social Sciences.</p> <p>I am a psychologist and board member for Alpha Training and Counseling Centre where I conduct psychological assessments and clinical interviews for clients, conduct individual, group and family therapy, prepare training proposals, materials, and facilitate training. I also engage in clinical supervision for therapists. I am a consultant for the Nairobi Women's Hospital – Gender Violence Recovery Centre (GVRC) counselors. I also</p>

	<p>consult for different churches and schools on counseling and adolescent behavior.</p> <p>I am a peer-reviewer for the British Journal of Guidance and Counseling, an external examiner for Pan African Christian University (PACU) and a committee member for the African Journal of Clinical Psychology.</p> <p>I am an associate member of Kenya Counseling and Psychological Association (KCPA).</p>			
<p>5. Academic Qualifications:</p>	<p>Academic Qualification</p>	<p>Year of Award</p>	<p>Institution</p>	<p>Thesis Title</p>
	<p>PhD, Clinical Psychology</p>	<p>2016</p>	<p>Daystar University</p>	<p>Efficacy of Cognitive-Behavioral Coping-Skills Therapy on Alcohol and Cannabis Users among Daystar University Undergraduate Students</p>
	<p>MA, Counseling Psychology</p>	<p>2011</p>	<p>Daystar University</p>	<p>The Psychosocial Effects of Mobile Phone Usage among the Youth: The Case of a Selected Christian University</p>
	<p>BA, Psychology</p>	<p>2009</p>	<p>Daystar University</p>	
<p>6. Research Interests:</p>	<p>Substance Abuse, Prevention & Treatment, Adolescents & Youth, Family & Mental Health</p> <p>Projects</p> <ol style="list-style-type: none"> 1. 2018/2019 - Parenting and Youth Problematic Behaviour: A Case Study of University Students – Daystar University 2. 2017 - Parental Awareness: The First Step in Protecting Children against Online Violence – Self and W. Waiyaki 3. 2018/2019 - Succession Planning as a Strategy for Creating Sustainable Family Businesses – Daystar University 			

<p>7. Publications:</p>	<p>Refereed Journal Articles</p> <p>Ndegwa, S., Munene, A. & Oladipo, R. (2017). Factors influencing alcohol use among University students in a Kenyan University. <i>Africa Journal of Clinical Psychology</i>, 1, 102-117.</p> <p>Ndegwa, S. (2018). Efficacy of Cognitive-Behavioral Coping-Skills Therapy on Alcohol and Cannabis Users among University Students in a Kenyan University. <i>Africa Journal of Clinical Psychology</i>, 1, 2.</p> <p>Conferences</p> <p>Ndegwa, S. (2018). <i>Effectiveness of Cognitive-Behavioral Coping-Skills Therapy on Cannabis Users among University Students in a Kenyan University</i>. NACADA-ISSUP International Conference on Drug Demand Reduction at KICC, Nairobi (10th – 14th Dec., 2018).</p> <p>Ndegwa, S. (2018). <i>Child Criminality: Predisposing Factors and Preventive Measures</i>. International Child Protection Conference at Daystar University, Nairobi (8th – 10th Aug., 2018).</p> <p>Ndegwa, S. (2018). <i>Cognitive-Behavioral Coping-Skills Therapy Efficiency in Treating Alcohol Users among University Students</i>. KCPA 5th Annual Scientific Conference held at KICD, Nairobi (14th -15th June, 2018)</p> <p>Ndegwa, S. & Waiyaki, W. (2017). <i>Parental Awareness: The First Step in Protecting Children against Online Violence</i>. 4th Regional Parenting Conference in Malawi (24th – 27th October, 2017).</p> <p>Ndegwa, S. (2016). <i>Factors Associated With Alcohol Use Among University Students in a Kenyan University</i>. The Annual International Research Conference in Kenya Methodist University, Meru (21st-22nd Nov., 2016).</p> <p>Waiyaki, W. & Ndegwa, S. (2016). <i>Peace: Minimizing The Risk of PTSD in Kenya General Election of 2017</i>. KCPA 4th Annual Scientific Conference at KICD, Nairobi (10th-11th Nov., 2016).</p>
<p>8. Classes you teach:</p>	<p>PhD classes: Measurement and Assessment I - Cognitive and Achievement Tests; Measurement and Assessment II - Personality Tests</p> <p>MA classes: Theories of Counseling; Counseling Fundamentals and Micro Skills; Family Systems and Marital Therapy; Psychopathology; Practicum and Seminar</p> <p>BA classes: Loss and Grief Counseling; Human Sexuality</p>

9. Other relevant links:	ResearchGate, Google scholar
10. Official Contact Details:	<ul style="list-style-type: none">• Email: sndegwa@daystar.ac.ke & ngarisnn@gmail.com• Telephone number: +254722596073