


# Daystar University Staff Profile Template

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<b>1. Name:</b>	Dr. Susan K. Muriungi Dr. of Philosophy in Clinical Psychology Senior Lecturer
<b>2. Passport photo:</b>	
<b>3. Job Title and Responsibilities:</b>	<p>Senior Lecturer and HOD</p> <ul style="list-style-type: none"><li>• <b>Responsibilities:</b><ul style="list-style-type: none"><li>➤ Head of Department</li><li>➤ Offer Departmental leadership (Department of Counseling and Psychology)</li><li>➤ Develop new programs within the Department and review existing ones accordingly</li><li>➤ Mentor, offer guidance and supervise departmental lectures</li><li>➤ make teaching schedules, classroom teaching, thesis supervision</li><li>➤ set and mark examinations,</li><li>➤ mentor students ,</li><li>➤ conduct research and publish scientific articles</li><li>➤ Attend Senate meetings and other University meetings</li></ul></li></ul> <p>School of Human and Social Sciences; Department of Psychology and Counselling</p>

#### 4. Biography:

##### **My objectives are:**

1. To be engaged in a position that will enable me to use my educational knowledge, professionalism, and abilities, my strong leadership skills, and ability to work well individually and with people to propel the mission and vision of Daystar University and beyond.
2. To develop and establish a career in a favorable and challenging people-oriented environment, where I can utilize my qualifications, knowledge, capabilities and experience for organizational growth; growth of people around me and for my personal growth.
3. To be used of God to lead and serve in people's lives, just as Jesus did on a one-on-one ministry, at the most individual level
4. Employ Excellent analytical, logical reasoning skills which give me competitive advantage to work with and influence positive outcome in different organizations I interact with. I also have the ability to multi-task without supervision. I am quick to learn new skills and competencies, able to lead or work effectively and efficiently within a group environment and alone

I am innovative, committed and dedicated to whatever I objectively set to do with integrity, ethical character, honesty and target, guided and motivated to excel in whatever I do by Godly principles

Summary of my personal work and achievements are;

- Enthusiastic Clinical Psychology professional with 16 years of classroom experience in higher education, both at public and private universities as well as 26 years of lecturing and clinical supervision in a middle level Medical College
- Strong work ethic and commitment to excellence in teaching. Research and published several scientific articles in peer reviewed journals,
- Wrote a chapter in a best seller professional book on A to Z of mental Health,
- involved in development of several academic programs for various learning institutions including Daystar University and participated in review of several others,
- Attended and participated in several scientific conferences
- Excellent student teacher evaluation and have been recognized as an excellent HOD for 2016-2018 through PC analysis
- Supervised over 1 PhD to completion and others on going as well as over 15 Masters students in their Thesis, excellent

	<p>interpersonal skills; communication skills both in oral and in writing</p> <ul style="list-style-type: none"> <li>➤ Vice chairperson Daystar Ethics and Research Board from 2016 to date</li> <li>➤ Been appointed as an external Examiner in the Department on Psychology at Technical University of Kenya from 2017 to date</li> <li>➤ Been appointed as an external examiner for Thesis in USIU and PAC University from 2016 to date</li> <li>➤ Offered several psychoeducation lectures to the community, institutions and mentored several students in several schools in Kenya</li> <li>➤ Served the government through several ministerial appointments which include;- BOG Dagoretti high school- Feb. 2016 –on going, Director, Sugar Research Institute from, September 2012 to July 2014(dissolved due to ongoing Agricultural reforms) and Member of Board of Governors, Limuru Girls from 2003 to 2013</li> </ul>
<p><b>5. Academic Qualifications:</b></p>	<ol style="list-style-type: none"> <li>i. PhD in Clinical Psychology  <b>Year of award:</b> 2011  <b>Institution:</b> The University of Nairobi  <b>Thesis Title:</b> Effectiveness of psychoeducation on Alcohol and Drug abuse, Depression, Hopelessness, Suicidality and Anxiety among students at Kenya Medical Training College, Kenya.</li> <li>ii. MSc in Clinical Psychology  <b>Year of award:</b> 2008  <b>Institution:</b> The University of Nairobi  <b>Thesis Title:</b> Prevalence of Burnout Syndrome among academic staff at Kenya Medical Training College Nairobi, Kenya</li> <li>iii. BA Psychology  <b>Year of award:</b> 2002  <b>Institution:</b> United States International University</li> <li>iv. Higher Diploma in Medical Ed  year of award 1995  <b>Institution:</b> Kenya Medical Training College  <b>Thesis Title;</b> Accessibility of Counselling Services to students at th Kenya Medical Training College Nairobi, Kenya</li> <li>v. Diploma in Physiotherapy  year of award 1986  <b>Institution:</b> Kenya Medical Training College Nairobi, Kenya</li> </ol>

<p><b>6. Research Interests:</b></p>	<ul style="list-style-type: none"> <li>• Overview – brief summary of your areas of research interests and achievements, <ul style="list-style-type: none"> <li>➤ Mental Health Issues in adolescents and adults and institutions and organizational psychology</li> </ul> </li>   <li>• Title of Main Research Projects –indicate if they are funded by whom and /or collaborative with whom, etc. <ul style="list-style-type: none"> <li>➤ Effectiveness of psychoeducation in Depression, Hopelessness, Suicidality and Anxiety among students at Kenya Medical Training Colleges in Kenya – Self sponsored as my PhD Thesis</li> <li>➤ Efficacy of TF-CBT in the management of Psychological disorders in abused children: A case study of Nairobi Womens Hospital- sponsored by Daystar University but staled due to lack of funds</li> </ul> </li> </ul>
<p><b>7. Publications:</b></p>	<ul style="list-style-type: none"> <li>• Title of all your publications categorized as follows: <ol style="list-style-type: none"> <li>1. Gitonga M., <b>Muriungi S.</b>, &amp; Ongaro, K. (2017) Prevalence of Conduct Disorder among Adolescents in Secondary Schools: A Case of Kamukunji and Olympic Mixed Sub-County. I 1(1) African Journal of Clinical Pyshology. <a href="https://www.daystar.ac.ke/ajcp/articles.html">https://www.daystar.ac.ke/ajcp/articles.html</a></li>   <li>2. <b>Susan K. Muriungi</b>, David Ndetei, Lilian K.M. Mwenda, Cyrus Matheka and Mary Kanyotu. Socio-Demographics Characteristics and Patterns of Burnout Syndrome among College Academic Staff in Kenya. Volume 3, Issue 7. July, 2015. Pages: 320-337.</li>   <li>3. <b>Susan Muriungi</b>, Michael Kihara, Mathew Kipturgo, Davis Ndetei and Cyrus Matheka. Co-morbidity of Anxiety, alcohol and substance abuse among students at the Kenya Medical Training Colleges in Kenya. December 2014 International Journal of Current Research (IJCR): Volume 6, Issue 12.</li>   <li>4. <b>Susan K. Muriungi</b>, David M. Ndetei, Joseph Karanja and Cyrus W. Matheka. Prevalence of alcohol and substance abuse among students at the Kenya Medical Training College- Kenya. Journal Of substance Abuse <a href="http://www.tandfonline.com/loi/rmhs20- May 2013">http://www.tandfonline.com/loi/rmhs20- May 2013</a>.</li> </ol> </li> </ul>

5. **Susan K. Muriungi**, David M. Ndetei. Effectiveness of psycho-education on depression, hopelessness, suicidality, anxiety and substance use among basic diploma students at Kenya Medical Training College- June 2013 Vol. 19 No. 2 – South African Journal of Psychiatry 50.

6. Ndetei DM, **Muriungi S.K.**, Owoso A, Mutiso VN, Mbwayo AW, Khasakhala LI, Barch DM, Mamah D. Prevalence and characteristics of psychotic-like experiences in Kenyan youth. Psychiatric Res- .Epub 2012 Mar 2730; 196(2-3):235-42.

7. Daniel Mamah, Akinkunle Owoso, Anne Mbwayo, Mutiso V., **Muriungi S. K.**, Khasakhala L. et al. Classes of Psychotic Experiences in Kenyan Children and Adolescents. Child Psychiatry and Human Development. DOI 10.1007/s 1057-012-0339-5

- **Books and Book Chapters**

- 1) Co-author, The Kenya armed forces curriculum on HIV/AIDS for nurses.
- 2) Book Chapter: “Burn-out” in the book “Your A to Z of mental disorders 2nd Revised Edition” Acrodile Publishers.
- 3) Co-developed student and teacher guide STI/HIV/AIDS training manuals used in all public, private and mission MTCs in Kenya

- **Conferences**

- 1) Attended , presented a scientific article at a Scientific national Scientific conference at KMTC in 2014
- 2) Attended, presented and chaired a session at a Scientific national Scientific conference at KMTC in 2015
- 3) Attended Psychological Needs of refugees and internally displaced people-German-African research workshop for innovation in African Health cases systems- 24th-26th Feb. 2016
- 4) Attended an international ISSTC in Brazil- 2013
- 5) Represented KMTC in an international HIV/AIDS conference in Spain- 2002

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- **Lectures e.g. public, invited, inaugural, etc.**
- **Etc.**

**Invited to give professional talks in various organizations**

1. Kenya School of Government from 2005 up to 2011
2. Retirement Benefit Authority- from 2005 up to date
3. Insurance Regulatory Authority
4. Institute of personnel Management (HRIM)
5. Africa Medical Research Foundation (AMREF)
6. Central Bank of Kenya (CBK)

	<ol style="list-style-type: none"> <li>7. Kenya School of Government</li> <li>8. Ministry of Education Senior Staff</li> <li>9. Kirdi, Sameer Africa, The Armed Forces</li> <li>10. The University of Nairobi, Moi University</li> <li>11. Forestry Department</li> <li>12. Methodist University</li> <li>13. Nairobi Hospital, Matter Hospital</li> <li>14. Signon Logistics company LTD</li> <li>15. Several schools, Church organizations and women groups among others</li> </ol>
<p><b>8. Classes you teach:</b></p>	<p>I have occasionally been assigned various classes in the following levels</p> <ul style="list-style-type: none"> <li>➤ PhD</li> <li>➤ Masters</li> <li>➤ Undergraduate</li> <li>➤ Diploma</li> </ul> <p><b>Indicate the current classes you teach:</b></p> <ol style="list-style-type: none"> <li>1. PSY 690 A, B and C Thesis concept, proposal and completion coordination</li> <li>2. PSY 42X Addictions and Interventions</li> <li>3. PSY 646X Group Processes</li> <li>4. ICM099 Practicum</li> </ol>
<p><b>9. Other relevant links:</b></p>	<ul style="list-style-type: none"> <li>• For example, ResearchGate, Google scholar, etc.</li> </ul>
<p><b>10. Official Contact Details:</b></p>	<ul style="list-style-type: none"> <li>• <b>Email:</b> smuriungi@daystar.ac.ke , susanmuriungi@gmail.com</li> <li>• <b>Telephone number(s):</b> 0722720780</li> <li>• <b>Social Media details:</b> twitter, Facebook, LinkedIn etc.-N/A</li> </ul>